

# R A F F L E S   S P A

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## A Serene Haven for Relaxation and Regeneration

Welcome to Raffles Spa & Wellness, a one-of-a-kind sanctuary where time-honoured techniques and scientific advances come together in the service of physical and emotional wellness.

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## DR BURGNER SWITZERLAND

### The Ultimate Personalized Skin Care Experience

A prestigious Swiss brand renowned for its commitment to excellence, with its legacy embodied by the eminent Dr. Pauline Burgener, a PhD holder in Biology whose expertise takes center stage in all endeavors.

All products are meticulously handcrafted within Swiss laboratory, marrying cutting-edge ingredients from the realm of aesthetic medicine, including fragmented hyaluronic acids, peptides, vitamins, AHAs, and collagen, with the finest natural components. Dr. Pauline Burgener carefully curates these ingredients based on their efficacy, technical excellence, and superior quality.

As a brand deeply rooted in technology and science, the best of both worlds is seamlessly blended—technology and nature. The brand's commitment to luxury extends beyond the premium product offerings to the sustainable packaging, setting it apart as a brand of premium pricing and an unwavering dedication to environmental responsibility.



## Dr Burgener Switzerland

### HAUTE COUTURE

Introducing the haute couture collection: the epitome of personalization achieved through our cutting-edge anti-aging program, integrating the latest technological advancements and comprehensive analysis.

### HAUTE COUTURE PERSONALIZED SKINCARE PRODUCTS

QAR 17,700

We offer a comprehensive range of high-performance skincare products all formulated using cutting-edge biotechnology and advanced expertise. Our personalized Haute Couture skincare line is meticulously developed based on a thorough analysis of your unique skin needs.

Our team of dedicated scientists in Switzerland conducts a thorough analysis of your skin, providing valuable insights to our laboratory. This meticulous process culminates in the creation of a personalized selection of products designed exclusively for you, to be used over a span of 2-3 months. This curated collection includes our vector cream, booster cream, and features key ingredients such as peptides, amino acids, stem cells, and hyaluronic acid. Together, these elements synergize to stimulate cell renewal, promote collagen synthesis, deliver a lifting effect, and reduce pigmentation.

You have the flexibility of integrating these products into your daily skincare routine at the comfort of your own home, or indulge in the rejuvenating facials offered at the Raffles Spa & Wellness.

## HAUTE COUTURE FACIAL TREATMENT

120 min | QAR 5,000

This Haute Couture facial treatment will give you immediate and lasting visible results, using the most advanced anti-aging technologies: glycolic peeling, cavitation peeling, ultrasound, radiofrequency, diamond microdermabrasion, needleless mesotherapy, endermology and other technologies adapted to the needs of your skin. The anti-aging performance of the Haute Couture facial treatment lies in the reduction of the depth of wrinkles, the improvement of firmness and toning, a better radiance, a refinement of the complexion and skin texture.

## HAUTE COUTURE SKIN ANALYSIS

45 min | QAR 5,900

Our Haute Couture Skin Analysis is the first step in crafting a personalized line of skincare products exclusively for you. This comprehensive assessment delves into the intricacies of your skin, encompassing measurements of wrinkle depth, photoaging effects, pore condition, skin elasticity, sebum levels, hydration, pigmentation, and blood melanin. This biannual analysis is essential to fine-tune the formulations of your products, ensuring they evolve with your skin's ever-changing requirements.

## HEAVY METALS AND TRACE ELEMENTS ANALYSIS

15 min | QAR 2,800

To conduct this analysis, your hair sample will be sent to our Swiss laboratory for a comprehensive analysis of minerals, trace elements, and heavy metals. The results of this examination will be the foundation for creating personalized nutritional supplements, crafted to support your body's detoxification and balance.

# Facials

## REPAIRING GOLD AND GREEN CAVIAR FACIAL

90 min | QAR 1,700

Employing cutting-edge skincare technology, this treatment is particularly well-suited for skin in need of a revitalizing boost. Utilizing ultrasound waves, it delivers a deep, cellular-level infusion of green caviar, which consists of finely extracted pearls from Okinawa Island. This potent combination, enhanced by the antioxidant properties of gold trace elements, works to repair and rejuvenate the skin, leaving it revitalized and refreshed.

**Results:** Antioxidant, repairs cells damage, improves signs of aging.

## LIFTING AND FIRMING COLLAGEN FACIAL

90 min | QAR 1,700

By stimulating the skin from within, ultrasound waves work to enhance the body's own production of collagen and elastin. This process results in a more resilient, smoother, and eventoned complexion. Additionally, the rejuvenating properties of the Collagen Mask, produced through advanced biotechnology, and the firming action of the acacia collagen cream contribute to achieving a firmer, more youthful appearance.

**Results:** Volumizing, firming, lifting

## PURITY BALANCE FACIAL

60 min | QAR 1,500

This treatment provides a thorough deep cleansing to alleviate skin congestion and refine pores. A gentle facial exfoliation using our White Glacier Face Peeling is employed to eliminate impurities, minimize pore size, and reduce sebum secretion, resulting in revitalized and refreshed skin. The skin's natural equilibrium is restored through the application of our Purity Lotion, Alpine Purity Mask, and Hydra Balance Face Cream.

**Results:** Balancing, purifying, detoxifying

## THE ANTIOXIDANT BRIGHTENING FACIAL WITH PEARLS OF VITAMIN C

60 min | QAR 1,500

Discover the revitalizing benefits of our treatment, where pure Vitamin C pearls, coupled with glycolic acid and fruit acids, work synergistically to effectively reduce pigmentation and balance your skin tone. The potent antioxidants in these products also help safeguard your skin from the harmful effects of free radicals. The outcome is visibly brighter and more radiant skin, with a noticeable improvement in its overall complexion.

**Results:** Reduces pigmentation, smooths lines and wrinkles, boosts radiance and rejuvenates the skin.

## NOURISHING FACIAL

60 min | QAR 1,500

Derived from the Swiss Alps, our soothing and nourishing honey is harvested directly from the hive. This indulgent experience begins with a thorough cleansing and exfoliation using our luxurious black pearl face peeling, followed by the application of a nourishing serum infused with essential oils, effectively combating the visible signs of aging. To reverse the hands of time, we offer an additional infusion of vitamins and trace elements through our Rejuvenating Royal Mask, enriched with royal jelly. The result is deeply nourished and well-hydrated skin, with visible reduction in the signs of aging, leaving you with a more youthful complexion.

**Results:** Nourishing, hydrating, anti-aging

## MEN MILLION DOLLAR ANTI-AGING FACIAL

60 min | QAR 1,500

Tailored exclusively for men, our facial treatment is designed to purify, address specific skin concerns, and enhance overall skin health. The process involves the application of white and grey clay, providing a deep and thorough cleansing that helps balance the skin and promote the absorption of sebum. Complemented by the use of hyaluronic acid, a crucial element in rejuvenation and skin restoration, this treatment ensures your skin feels refreshed and rejuvenated, addressing specific male skincare needs.

**Results:** Hydrating, purifying, nourishing

# Body Treatments

## RITUAL

### DETOX SWISS SALT RITUAL

120 min | QAR 2,000

Our therapeutic Purifying Swiss Alps Salts drawn from the Swiss Anzeindanz glacier, is extremely rich in therapeutical minerals which prevent water retention by increasing blood circulation. The synergy between the Fit Body Booster, and the detoxifying qualities of the products will purify, eliminate toxins and restore balance to the skin.

**Results:** Detoxifying, draining, slimming.

### ANTI-AGING BODY RITUAL WITH THE PEARLS OF GRAPES

120 min | QAR 2,000

This anti-aging body treatment is a real elixir of youth using the pearls of grapes, powerful antioxidants to prevent premature aging of the skin. It starts by peeling the skin with the Body Exfoliating Perfect Skin, then the Grape Body Wrap will bring you all the needed antioxidant actives that will fight free radicals and hence delay skin aging.

**Results:** Remineralizing, antioxidant, anti-aging

### VITALITY ALGAE WRAP

60 min | QAR 1,500

The treatment starts with a total body peeling using our therapeutic Purifying Swiss Alps Salts drawn from the Swiss Aletsch glacier, which is rich in therapeutical minerals, reducing water retention and improving blood circulation. The peeling is then followed by a detoxifying and purifying Fucus Algae Remineralizing Wrap. This subtle combination of fresh fucus and lithothamnium is ideal for effective drainage and abundant remineralization and revitalization of the body.

**Results:** Slimming, remineralizing, purifying

## Well-Being Programs

Transformation is the theme of each Guest's journey with us. We inspire each Guest to discover something meaningful about living well through an experience in our spa. It's a journey, whether the Guest transforms in some physical way (body), some mental way (attitude), or both.

### THE DR BURGNER EXPERIENCE

4 hours | QAR 4,000

**Objective:** Help eliminate toxins and reduce stress

- 1 consultation with specialist (30 min)
- 1 stretching with fitness coach (30min)
- 1 personalized body treatment (90 min)
- 1 personalized face treatment (90 min)
- Healthy lunch at the restaurant of the hotel

Day Spa facilities access

### ANTI-AGING & REGENERATION

3 days | QAR 9,600

**Objective:** Optimize the general state of health. Filling trace element deficiencies and reducing the amount of toxic or heavy metals in the body. Delay the signs of aging in order to live longer and in better shape.

- Consultation and program customization (60min)
- Analysis of minerals, trace elements and heavy metals (15 min)
- Evaluation of body composition (15 min)
- HAUTE COUTURE skin treatment (90 min)
- 1 personalized facial treatment (90 min)
- Personalized body treatment (60 min)
- 3 sessions of facial endermology LPG (45 min)
- 3 sessions of body LPG massages (45 min)

Day Spa facilities access

**Products Recommendations:** Customized nutritional supplements + Hydra Facial Mask



## DETOX & IMMUNITY

6 days | QAR 14,600

**Objective:** Eliminate toxins in the body. Reduce oxidative stress and free radicals in the cells. Improve natural detoxification and regeneration. Boost your immune system.

- Consultation and program customization (60 min)
- Analysis of minerals, trace elements and heavy metals (15min)
- Evaluation of body composition (15min)
- Antioxidant grape pearls peeling (30 min)
- Detox Swiss Alps salt body wrap (60 min)
- Depolluting green caviar facial treatment (90min)
- 6 sessions of draining LPG (45 min)
- 6 sessions of detoxifying massages (60 min)

Day Spa facilities access

**Products Recommendations:** Customized nutritional supplements + Body Peeling Perfect Skin + Nutrivital Body Cream

## SLIMMING & BODY CONTOURING

6 days | QAR 16,000

**Objective:** Gradual and balanced weight loss. Acquire good eating and exercising behaviours supervised by doctors, nutritionists and coaches.

- Consultation and program customization (60 min)
- Analysis of minerals, trace elements and heavy metals (15min)
- Body composition (15min)
- 2 Detox Swiss Alps Salts body peelings and wraps (60 min)
- 6 Massages & draining (60 min)
- 1 Slimming algae body wrap (45 min)
- 2 Balancing facials (60 min)
- 6 sessions of personal coaching (45 min)
- 6 sessions of LPG lipomassage (45 min)

Day Spa facilities access

**Products Recommendations:** Customized nutritional supplements + Total Body Shape

## BEAUTY ADD ONS:

To upgrade any of our present treatment list with additional time and services, we offer the below mini beauty add ons that will suit your skin care needs, ensuring complete instant glow and radiance.

Choose from a variety of 30 minute mini treatments including:

### SKIN EXPRESS FACIAL

30 min | QAR 600

This express facial is a concise version of a full treatment in a fraction of the time. Customized for the guests' individual concerns and can be adapted for all skin types.

### HYDRA FILLER MASK

30 min | QAR 600

The fine structure of the Hydra Filler bio-cellulose face mask, obtained by the natural fermentation of coconut water, provides a feeling of a second skin. The moisturizing effect of hyaluronic acid and collagen offers the skin a rejuvenating and soothing moment. Your face will regain radiance and elasticity.

### SPECIFIC EYE AREA

30 min | QAR 600

The innovative solution for puffiness, dark circles, fine lines, and wrinkles, these Instant eye radiance patches provide an immediate and long-lasting rested look.

## How to Spa

Welcome to Raffles Spa & Wellness, a haven where a curated selection of treatments and experiences await, tailored precisely to fulfil your unique needs. We are dedicated to providing you with the utmost benefits of health, wellness, calm, indulgence, and serenity.

Whether you find yourself weary after a long journey or simply seeking a tranquil escape, our personalized approach ensures an effortless and rewarding experience.

To enhance your enjoyment during your time with us, we would like to share the following essential information.

## Advanced Bookings

We highly recommended booking your treatment in advance to ensure that your preferred time and service is available.

To schedule an appointment for a treatment, please speak with our Spa Specialist who will be happy to help you with your selection.

Email: [spa.rafflesdoha@accor.com](mailto:spa.rafflesdoha@accor.com)

Hotel guest may call at: ext 2444

From outside the hotel, please call at: +974 4030 7100

Always feel free to walk in, we may have space!

## TREATMENT CONSULTATION

Our consultations are confidential and will be carried out before all our treatments.

## CANCELLATION POLICY

To facilitate any changes to your spa treatment schedule, we kindly request that you inform us at least 4 hours in advance for individual treatments. In the event of cancellation or rescheduling without proper notification or in the case of a no-show, the full treatment fee of 100% will be charged. Your understanding and cooperation are greatly appreciated.

A credit card number is required at the time of booking.

For our well-being programs, please be aware that any cancellations made within 12 hours of the scheduled appointment time or in the case of a no-show will result in a 100% charge.

## GIFT VOUCHERS

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Receptionists for further information.

## SPA ETIQUETTE

At Raffles Spa & Wellness, we pride ourselves on providing a serene and relaxing environment for all our guests. We kindly request that you respect the privacy and tranquillity of others during your visit. Please refrain from using cell phones or engaging in loud conversations while in the spa. To ensure the privacy of our guests, we do not permit photographs, videos, or any form of social media recording within the spa premises. Additionally, please be aware that Raffles Spa & Wellness is a strictly non-smoking facility. Your cooperation in adhering to these guidelines is greatly appreciated.

## SPA ARRIVAL

We recommend that you check in at Spa Reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a brief consultation with you about your treatment expectations and also gives you time to visit the spa facilities

In the event of a late arrival, the treatment duration will be shortened and the full value of your treatment will still be charged.

## MEDICAL CONCERNS

Please notify the spa reception team before booking any treatment if you have any physical ailments, allergies, or disabilities, or are taking any medication and in case of pregnancy or breastfeeding.

## AGE REQUIREMENT

The minimum age requirement for access to the spa, wellness and fitness is 16 years old. Certain treatments are not available to young adults under 16 years of age.

## SPA ATTIRE

Towels, slippers, robe and amenities will be provided for your comfort during your visit.

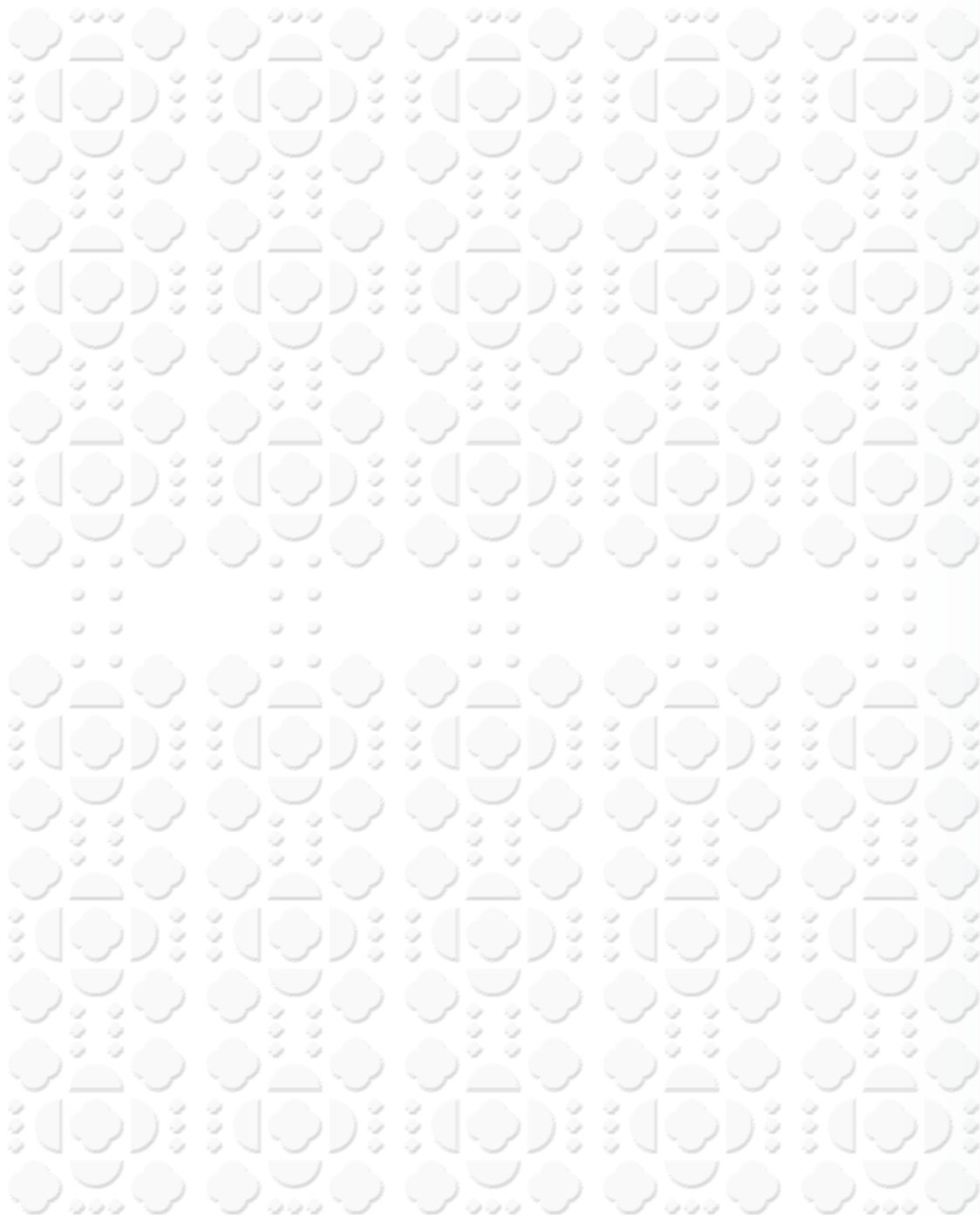
Upon your arrival, your therapist will provide a comprehensive explanation of the treatment's elements and guide you on the appropriate clothing to wear during the session. Rest assured that during the treatments, our therapists are trained to ensure your privacy by using draping techniques.

If you plan to enjoy our Jacuzzi pool or other facilities, kindly remember to bring your bathing suit with you. For your safety and convenience, we kindly request that you store your jewellery and valuables in your designated spa locker or hotel suite during your time at the spa.

## OPENING HOURS

Gym: 6.00am - 11.00pm

Spa Treatments & Facilities: 10.00am - 10.00pm



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