

# R A F F L E S   S P A

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## A Serene Haven for Relaxation and Regeneration

Welcome to Raffles Spa & Wellness, a one-of-a-kind sanctuary where time-honoured techniques and scientific advances come together in the service of physical and emotional wellness.

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## BASTIEN GONZALEZ

Bastien Gonzalez, internationally renowned for his unique approach to foot treatments, has gained global acclaim for his innovative techniques. Drawing upon his extensive experience and professional expertise as a French Chiropodist, he designed and developed exclusive treatments for feet, nails, and hands, seamlessly integrating principles of health, well-being, and beauty. Bastien personally selects and trains each member of his team to adhere to his treatment protocols and standards, ensuring the excellence of his "Savoir Faire" across the globe.

# Bastien Gonzalez

## BASTIEN'S PEDICURE

60 min | QAR 600

Bastien's pedicure begins with a nail treatment that includes gentle buffing to restore natural shine, enhancing the beauty of your nails. Our expert technicians then target hard skin and dryness with a specialized skin treatment, leaving your feet soft and smooth. Finally, unwind with a relaxing massage from toes to knees, relieving muscle tension and promoting overall well-being.

## NAIL BRIGHTNESS

45 min | QAR 400

A foot treatment focusing on the beauty of nails, cuticles, and light smoothing of the skin dryness. Nails are reshaped and buffed with chamois leather and a pearly buffing cream resulting in healthy, shiny, and natural beauty of the nails. It ends with a relaxing foot massage.

## BASTIEN'S MANICURE

45 min | QAR 500

An exceptional manicure in 3 steps: a nail treatment, including a natural beauty finish to the nail, follow by a meticulous cuticle treatment to remove dryness, and a thorough massage of the forearms, wrists, hands, and fingers.

## FOOT REFOUNDATION

35 min | QAR 300

A treatment designed for the total well-being of the feet and legs. Ideal for heavy and tired legs after flights, this truly relaxing massage is from the toes up to the knee, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet. The preliminary exfoliation performed with the Black Diamond Scrub will ease the penetration of the cream used during the massage.

## PARAFFIN TOUCH

20 min | QAR 200

Intensify any of Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deep hydration. It will enhance relaxation and ease tension in the joints and muscles.

## COLOUR TOUCH

30 min | QAR 170

**Nail Polish:** Not included in pedicure and manicure treatment.

Select your preferred colour from our range of lacquers, to make your nail more colourful for a special event. Includes nail reshaping.

## BLACK DIAMOND SCRUB TOUCH

10 min | QAR 150

Elevate your Bastien Pedicure or Bastien Manicure by adding on the Black Diamond Scrub Touch. This mineral foaming scrub permits a vigorous natural exfoliation, helping the removal of dead skin cells and leaving it smooth and silky sensation. Essential oils of Thyme and Sage contribute to maintaining healthy and elegant feet and hands.

## How to Spa

Welcome to Raffles Spa & Wellness, a haven where a curated selection of treatments and experiences await, tailored precisely to fulfil your unique needs. We are dedicated to providing you with the utmost benefits of health, wellness, calm, indulgence, and serenity.

Whether you find yourself weary after a long journey or simply seeking a tranquil escape, our personalized approach ensures an effortless and rewarding experience.

To enhance your enjoyment during your time with us, we would like to share the following essential information.

## Advanced Bookings

We highly recommended booking your treatment in advance to ensure that your preferred time and service is available.

To schedule an appointment for a treatment, please speak with our Spa Specialist who will be happy to help you with your selection.

Email: [spa.rafflesdoha@accor.com](mailto:spa.rafflesdoha@accor.com)

Hotel guest may call at: ext 2444

From outside the hotel, please call at: +974 4030 7100

Always feel free to walk in, we may have space!

## TREATMENT CONSULTATION

Our consultations are confidential and will be carried out before all our treatments.

## CANCELLATION POLICY

To facilitate any changes to your spa treatment schedule, we kindly request that you inform us at least 4 hours in advance for individual treatments. In the event of cancellation or rescheduling without proper notification or in the case of a no-show, the full treatment fee of 100% will be charged. Your understanding and cooperation are greatly appreciated.

A credit card number is required at the time of booking.

For our well-being programs, please be aware that any cancellations made within 12 hours of the scheduled appointment time or in the case of a no-show will result in a 100% charge.

## GIFT VOUCHERS

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Receptionists for further information.

## SPA ETIQUETTE

At Raffles Spa & Wellness, we pride ourselves on providing a serene and relaxing environment for all our guests. We kindly request that you respect the privacy and tranquillity of others during your visit. Please refrain from using cell phones or engaging in loud conversations while in the spa. To ensure the privacy of our guests, we do not permit photographs, videos, or any form of social media recording within the spa premises. Additionally, please be aware that Raffles Spa & Wellness is a strictly non-smoking facility. Your cooperation in adhering to these guidelines is greatly appreciated.

## SPA ARRIVAL

We recommend that you check in at Spa Reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a brief consultation with you about your treatment expectations and also gives you time to visit the spa facilities

In the event of a late arrival, the treatment duration will be shortened and the full value of your treatment will still be charged.

## MEDICAL CONCERNS

Please notify the spa reception team before booking any treatment if you have any physical ailments, allergies, or disabilities, or are taking any medication and in case of pregnancy or breastfeeding.

## AGE REQUIREMENT

The minimum age requirement for access to the spa, wellness and fitness is 16 years old. Certain treatments are not available to young adults under 16 years of age.

## SPA ATTIRE

Towels, slippers, robe and amenities will be provided for your comfort during your visit.

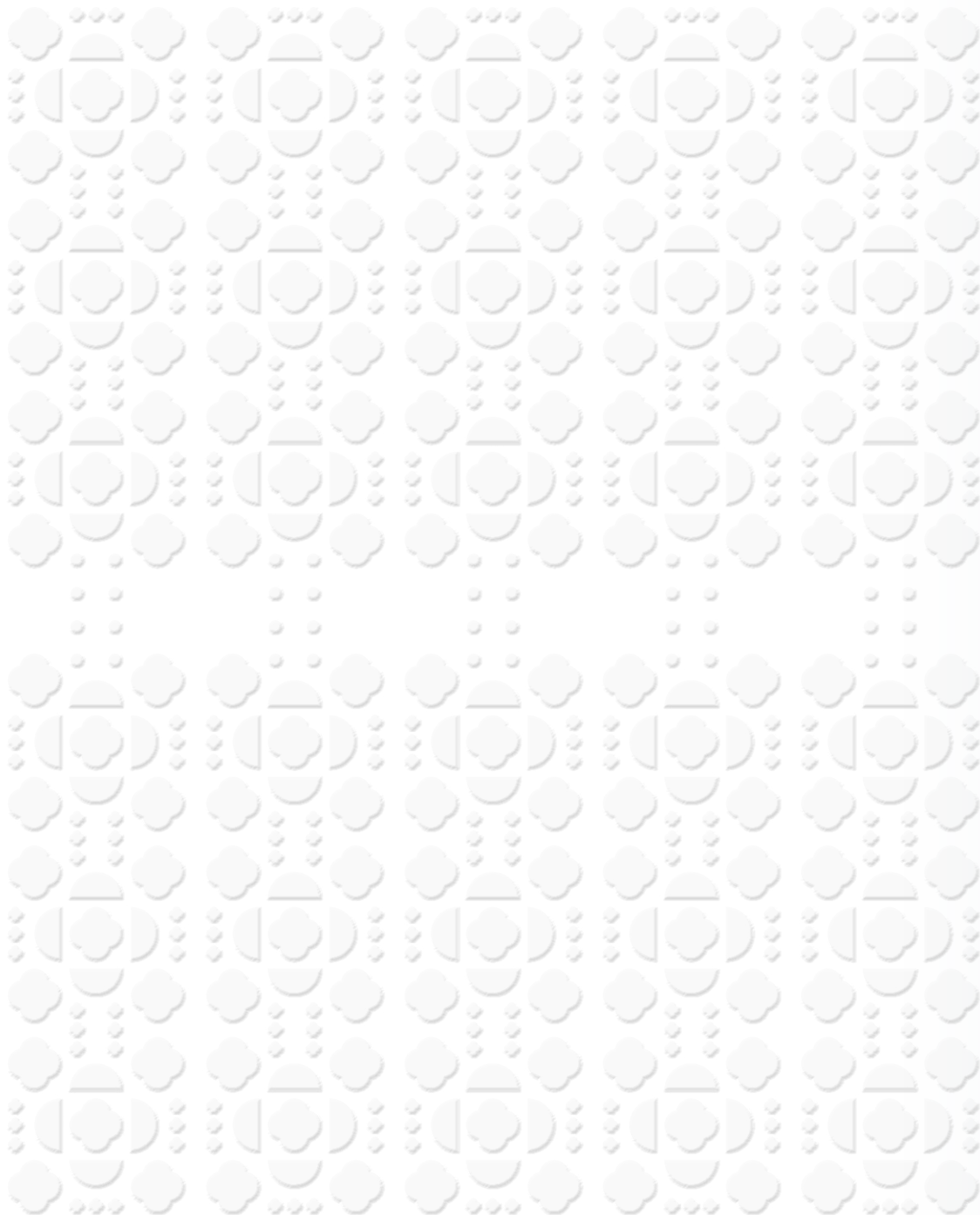
Upon your arrival, your therapist will provide a comprehensive explanation of the treatment's elements and guide you on the appropriate clothing to wear during the session. Rest assured that during the treatments, our therapists are trained to ensure your privacy by using draping techniques.

If you plan to enjoy our Jacuzzi pool or other facilities, kindly remember to bring your bathing suit with you. For your safety and convenience, we kindly request that you store your jewellery and valuables in your designated spa locker or hotel suite during your time at the spa.

## OPENING HOURS

Gym: 6.00am - 11.00pm

Spa Treatments & Facilities: 10.00am - 10.00pm



Raffles Spa & Wellness  
Marina District, Lusail City, PO Box 4747, Doha, Qatar  
T +974 4030 7100 M +974 5992 3447  
E spa.rafflesdoha@accor.com | raffles.com/doha